

Dear Prefix First Name Last Name,

"God come to my assistance, Lord make haste to help me." With these words we begin and end each day in prayer.

Our life's journey is more focused during these days of Lent as we seek to conform our lives to Christ. This ongoing work of deification is the fight for our lives, but not an impossible one. "For we have not a high priest, who is unable to sympathize with our weaknesses, but one who in every respect has been tested, as we are, yet without sinning. (Heb 4:15)

The battle has been already won by Christ because Jesus, totally obedient to the divine will of the father is the devil's conqueror. He "binds the strong man" to take back his plunder. (Mk 3:27)

The devil is on a short leash but he continues to try to pull us away from God and our families. We pray each day to continually be united to God, Father, Son, and Holy Spirit, to abide in him and for him to abide in us.

"We pray to him as God, he prays for us as a servant. In the first case he is the Creator, in the second a creature. Himself unchanged, he took to himself our created nature in order to change it, and made us one man with himself, head and body. We pray, then, to him, through him, in him, and we speak along with him, and he along with us." (Saint Augustine commentary on the Psalms)

We continue to pray for you daily, that you are strengthened in the love of God and neighbor as you continue to lead souls to Heaven.

From the men of action of Saint Elizabeth Ann Seton Catholic Church