



Dear varTitle varFirstName varLastName,

As we enter this season of Lent we review the true meaning of Lent and the messages that Jesus has for us that can lead us to Easter joy.

There is an article called "Neither Do I Condemn You" in the "Word Among Us" that spoke about three messages that we should focus on over the next 40 days regarding the blood that Jesus shed for us.

A message of Forgiveness

This is the most important message Jesus wants us to give us this Lent. He wants to convince us that we have been forgiven fully, completely and eternally. We first have to forgive ourselves to accept that God could ever forgive us for the things we have done. The shedding of His blood on the cross has made this a reality for all of us.

A message of Sacrifice

Jesus offered Himself as the perfect sacrifice. He didn't offer a bull or sheep to God. He sacrificed His own life, His own blood to his Father. Jesus was the one making the offering and he says, "this is why the Father loves me because I lay down my life in order to take it up again. No one takes it from me, but I lay it down on my own." (John 10:17-18)

A message of a New Covenant

Jesus celebrates the last supper with His disciples and during that meal Jesus took the chalice filled with wine and offered it to His disciples and said, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins." (Matthew 26: 27-28) Jesus blood tells us that he will never abandon us and that he has joined himself to us in the deepest way possible.

This Lent let the Blood of Jesus help us to realize that Jesus died for us to forgive our sins and bound Himself to us in an unbreakable bond of love. May we all be transformed by the crucified and risen Christ who shed his blood for us.

St. Elizabeth Ann Seton Men of Action