

Dear varTitle varFirstName varLastName,

## Greetings!

Once again, we find ourselves in this period of Ordinary time, between the joy of the Christmas season and soon leading into the quiet, penitential time of Lent. These days, these past few months, indeed the entire past year has been about as far from ordinary as most of us can get. It can seem like a full year of fasting, having been separated from many things and activities that we had always taken for granted. But as we look back, we can find that even in these times there has been joy of discovery of new things, of quieter and perhaps less-hurried lives.

As we look forward for the next few weeks, our Sunday readings have quite a number of themes appropriate to our times. Anxiousness, drudgery, restlessness, and as we enter into the Lenten season, atonement and mercy and fasting. But the one theme that keeps repeating over and over is that of healing. Jesus's healing of us in all ways if we just turn to Him with absolute faith. He asks that we return to Him with our whole heart, in deep faith, fully giving ourselves over to Him, seeking His mercy, turning to Him in times of trouble, as we seek His healing. Let us all ask for His healing in whatever part of our lives we need it.

We pray this finds you well, in body, mind, and soul. Know that you are in our prayers each and every day!

St. Elizabeth Ann Seton Men of Action